

**Michael Daly, PhD**

Department of Psychology,  
Education House,  
Maynooth University  
Co. Kildare  
+353 1 474 7742  
michael.a.daly@mu.ie



---

*Associate Professor in the Department of Psychology, Maynooth University, Ireland researching human health and well-being, how they are interrelated, and how they are determined by psychological traits and life circumstances.*

---

**Academic Positions**

- 2018 – present Associate Professor, Department of Psychology, Maynooth University
- 2015 – 2018 Reader, Behavioural Science Centre, Stirling Management School, University of Stirling
- 2012 – 2015 Senior Lecturer, Behavioural Science Centre, Stirling Management School, University of Stirling
- 2014 – 2018 Visiting Associate Professor, UCD Geary Institute, University College Dublin
- 2011 – 2012 Marie-Curie/CARA fellowship, University College Dublin & University of Aberdeen
- 2011 Lecturer in Health Psychology, School of Psychology, University of Manchester
- 2010 Postdoctoral Researcher, Trinity College Dublin
- 

**Education**

- 2010 Ph.D., Psychology (Personality/Health), Trinity College Dublin  
Dissertation: *Plotting the intertwining pathways linking stress and health*  
(Supervisor: Prof. Malcolm MacLachlan, External examiner: Prof. Arthur Stone)
- 2008 Dip.Stat. (distinction), Statistics, Trinity College Dublin
- 2005 B.A. (1<sup>st</sup>), Psychology, Trinity College Dublin
- 2001 Leaving Certificate (600 pts), St. Mary's Academy, Carlow
-

## Research and teaching interests

Health Psychology  
 Personality & Individual Differences  
 Survey Research  
 Quantitative Research Methods

---

## Peer reviewed publications

103. Leech, K., McNally, S., **Daly, M.**, & Corriveau, K.H. (2022). Unique effects of book-reading at 9-months on vocabulary development at 36-months: Insights from a nationally representative sample of Irish families. *Early Childhood Research Quarterly*, 58, 242-253.
102. **Daly, M.** (2021). Prevalence of depression among adolescents in the U.S. from 2009-2019: Analysis of trends by sex, race/ethnicity, and income. *Journal of Adolescent Health*. doi:10.1016/j.jadohealth.2021.08.026
101. **Daly, M.**, & Robinson, E. (2021). Acute and longer-term psychological distress associated with testing positive for COVID-19: longitudinal evidence from a population-based study of US adults. *Psychological Medicine*. doi:10.1017/S003329172100324X
100. **Daly, M.**, Jones, A., & Robinson, E. (2021). Public trust and willingness to vaccinate against COVID-19 in the US from October 14, 2020, to March 29, 2021. *JAMA*, 325, 2397-2399.
99. **Daly, M.** (2021). Personality traits and social structure. In M. Maclachlan & J. McVeigh (Eds.). *Macropsychology - A population science for sustainable development goals* (pp. 63-85). Switzerland: Springer.
98. **Daly, M.**, MacLachlan, M., Maguire, R., Power, J. M., Nolan, A., Shevlin, M., ... & Hyland, P. (2021). Changes in PTSD, depression, and generalized anxiety before and during the COVID19 pandemic in Ireland. *Journal of Affective Disorders Reports*. 100184.
97. **Daly, M.**, Obschonka, M., Stuetzer, M., Sutin, A.R., Shaw-Taylor, L., Satchell, M., & Robinson, E. (2021). Neuroticism mediates the relationship between industrial history and modern-day regional obesity levels. *Journal of Personality*, 89, 267-287.
96. **Daly, M.**, & Robinson, E. (2021). Longitudinal changes in psychological distress in the UK from 2019 to September 2020 during the COVID-19 pandemic. *Psychiatry Research*, 300, 113920.
95. **Daly, M.**, & Robinson, E. (2021). Anxiety reported by US adults in 2019 and during the 2020 COVID-19 pandemic: population-based evidence from two nationally representative samples. *Journal of Affective Disorders*, 286, 296-300.
94. **Daly, M.**, & Robinson, E. (2021). Willingness to vaccinate against COVID-19 in the US: Longitudinal evidence from a nationally representative sample of adults from April-October 2020. *American Journal of Preventive Medicine*, 60, 766-773.

93. **Daly, M.**, & Robinson, E. (2021). High-risk drinking in midlife before vs. during the COVID-19 crisis: Longitudinal evidence from the UK. *American Journal of Preventive Medicine*, *60*, 294-297.
92. **Daly, M.**, & Robinson, E. (2021). Psychological distress and adaptation to the COVID-19 crisis in the United States. *Journal of Psychiatric Research*, *136*, 603-609.
91. **Daly, M.**, Sutin, A.R., & Robinson, E. (2021). Depression reported by US adults in 2017-2018 and in March and April 2020. *Journal of Affective Disorders*, *278*, 131-135.
90. **Daly, M.**, Sutin, A.R., & Robinson, E. (2021). Longitudinal changes in mental health and the COVID-19 pandemic: Evidence from the UK Household Longitudinal Study. *Psychological Medicine*. doi: 10.1017/S0033291720004432
89. Hyland, P., Vallieres, F., **Daly, M.**, et al. (2021). Trajectories of change in internalizing symptoms during the COVID-19 pandemic: A longitudinal population-based study. *Journal of Affective Disorders*, *295*, 1024-1031.
88. MacLachlan, M., Murphy, R., **Daly, M.**, & Hyland, P. (2021). Why it's time to stop saying "mental illness": A commentary on the revision of the Irish Mental Health Act. *HRB Open Research*, *4*, doi:10.12688/hrbopenres.13235.1
87. Robinson, E., & **Daly, M.** (2021). Explaining the rise and fall of psychological distress during the COVID-19 crisis in the US: Longitudinal evidence from the Understanding America Study. *British Journal of Health Psychology*, *26*, 270-287.
86. Robinson, E., Jones, A., Lesser, I., & **Daly, M.** (2021). International estimates of intended uptake and refusal of COVID-19 vaccines: A rapid systematic review and meta-analysis of large nationally representative samples. *Vaccine*, *39*, 2024-2034.
85. Robinson, E., Sutin, A.R., **Daly, M.**, & Jones, A. (2021). A systematic review and meta-analysis of longitudinal cohort studies comparing mental health before versus during the COVID-19 pandemic in 2020. *Journal of Affective Disorders*, *296*, 567-576.
84. Bridger, E. K., & **Daly, M.** (2020). Intergenerational social mobility predicts midlife well-being: prospective evidence from two large British cohorts. *Social Science & Medicine*, *261*, 113217.
83. **Daly, M.**, Sutin, A.R., & Robinson, E. (2020). Perceived overweight and suicidality among US adolescents from 1999-2017. *International Journal of Obesity*, *44*, 2075-2079.
82. Lades, L., Laffan, K., **Daly, M.**, & Delaney, L. (2020). Daily emotional well-being during the COVID-19 pandemic. *British Journal of Health Psychology*, *25*, 902-911.
81. Moustერი, V., **Daly, M.**, & Delaney, L. (2020). Underemployment and psychological distress: Propensity score and fixed effects estimates from two large UK samples. *Social Science & Medicine*, *244*, 112641.

80. Robinson, E., Haynes, A., Sutin, A.R., & **Daly, M.** (2020). Self-perception of overweight and obesity: A review of mental and physical health outcomes. *Obesity Science & Practice*, *6*, 552-561.
79. Robinson, E., Sutin, A.R., & **Daly, M.** (2020). Association of parental identification of child overweight and mental health problems during childhood. *International Journal of Obesity*, *44*, 1928-1935.
78. Sutin, A.R., Robinson, E., **Daly, M.**, Gerend, M.A., Stephan, Y., Luchetti, M., Aschwanden, D., Strickhouser, J.E., Lee, J.H., Sesker, A.A., & Terracciano, A. (2020). Body mass index, weight discrimination, and psychological, behavioral, and interpersonal responses to the coronavirus pandemic. *Obesity*, *28*, 1590-1594.
77. Sutin, A.R., Stephan, Y., Gerend, M. A., Robinson, E., **Daly, M.**, & Terracciano, A. (2020). Perceived weight discrimination and performance in five domains of cognitive function. *Journal of Psychosomatic Research*, *131*, 109793.
76. Sutin, A. R., Stephan, Y., Robinson, E., **Daly, M.**, & Terracciano, A. (2020). Body-related discrimination and dieting and substance use behaviors in adolescence. *Appetite*, *151*, 104689.
75. Angelini, V., **Daly, M.**, Moro, M., Navarro Paniagua, M., Sidman, E., Walker, I., & Weldon, M. (2019). The effect of the Winter Fuel Payment on household temperature and health: a regression discontinuity design study. *Public Health Research*, *7*(1). doi: 10.3310/phr07010
74. Bridger, E.K., & **Daly, M.** (2019). Cognitive ability as moderator of the association between social disadvantage and psychological distress: evidence from a population-based sample. *Psychological Medicine*, *49*, 1545-1554.
73. Crowe, E., **Daly, M.**, Delaney, L., Carroll, S., & Malone, K.M. (2019). The intra-day dynamics of affect, self-esteem, tiredness, and suicidality in Major Depression. *Psychiatry Research*, *279*, 98-108.
72. **Daly, M.**, & Corcoran, R. P. (2019). Kindergarten self-control mediates the gender reading achievement gap. *Journal of Research in Personality*, *83*, 103881.
71. **Daly, M.**, Hall, P.A., & Allan, J.L. (2019). Time perspective and all-cause mortality: Evidence from the English Longitudinal Study of Ageing. *Annals of Behavioral Medicine*, *5*, 486-492.
70. **Daly, M.**, Sutin, A.R., & Robinson, E. (2019). Perceived weight discrimination mediates the prospective association between obesity and physiological dysregulation: evidence from a population-based cohort. *Psychological Science*, *30*, 1030-1039.
69. Haynes, A., Kersbergen, I., Sutin, A., **Daly, M.**, & Robinson, E. (2019). Does perceived overweight increase risk of depressive symptoms and suicidality beyond objective weight status? A systematic review and meta-analysis. *Clinical Psychology Review*, *73*, 101753. doi: 10.1016/j.cpr.2019.101753

68. Mousteri, V., **Daly, M.**, Delaney, L., Tynelius, P., & Rasmussen, F. (2019). Adolescent mental health and unemployment over the lifespan: Population evidence from Sweden. *Social Science & Medicine*, 222, 305-314.
67. Sutin, A.R., Stephan, Y., Robinson, E., **Daly, M.**, & Terracciano, A. (2019). Perceived weight discrimination and risk of incident dementia. *International Journal of Obesity*, 43, 1130-1134.
66. **Daly, M.** (2018). Social media use may explain little of the recent rise in depressive symptoms among adolescent girls. *Clinical Psychological Science*, 6, 295.
65. Haynes, A, Kersbergen, I., Sutin, A.R., **Daly, M.**, & Robinson, E. (2018). A systematic review of the relationship between weight status perceptions and weight loss attempts, strategies, behaviours, and outcomes. *Obesity Reviews*, 19, 347-363.
64. McCabe, S., & **Daly, M.** (2018). Work, love, and death thought accessibility: a terror management investigation. *British Journal of Social Psychology*, 57, 754-772.
63. Mousteri, V., **Daly, M.**, & Delaney, L. (2018). The scarring effect of unemployment on psychological well-being across Europe. *Social Science Research*, 72, 146-169.
62. Robinson, E., Sutin, A.R., & **Daly, M.** (2018). Self-perceived overweight, weight loss attempts, and weight gain: Evidence from two large, longitudinal cohorts. *Health Psychology*, 37, 940-947.
61. Sutin, A. R., Robinson, E., **Daly, M.**, & Terracciano, A. (2018). Perceived body discrimination and intentional self-harm and suicide behavior in adolescence. *Childhood Obesity*, 14, 528-536.
60. Boyce, C. J., **Daly, M.**, Hounkpatin, H. O., & Wood, A. M. (2017). Money may buy happiness, but often so little that it doesn't matter. *Psychological Science*, 28, 544-546.
59. Bridger, E.K., & **Daly, M.** (2017). Does cognitive ability buffer the link between childhood disadvantage and adult health? *Health Psychology*, 36, 996-976.
58. **Daly, M.**, & Egan, M. (2017). Childhood cognitive ability and smoking initiation, relapse, and cessation throughout adulthood: Evidence from two British cohort studies. *Addiction*, 112, 651-659.
57. **Daly, M.**, Robinson, E., & Sutin, A.R. (2017). Does knowing hurt? Perceiving oneself as overweight predicts future physical health and well-being. *Psychological Science*, 28, 872-881.
56. Doyle, O., Delaney, L., O'Farrelly, C., Fitzpatrick, N., & **Daly, M.** (2017). Can early Intervention improve maternal well-being? Evidence from a randomized controlled trial. *PLOS ONE*, 12, e0169829.
55. Egan, M., **Daly, M.**, & Delaney, L. (2017). Childhood psychological predictors of lifelong economic outcomes. In R. Ranyard (Ed.), *Economic Psychology: The Science of Economic Mental Life and Behaviour* (pp. 337-353). Wiley/Blackwell.

54. Egan, M., **Daly, M.**, Delaney, L., Boyce, C., & Wood, A. (2017). Adolescent conscientiousness predicts Lower lifetime unemployment. *Journal of Applied Psychology, 102*, 700-709.
53. Lades, L.K., Egan, M., Delaney, L., & **Daly, M.** (2017). Childhood self-control and adult pension participation. *Economics Letters, 161*, 102-104.
52. McMinn, D., Fergusson, S.J., & **Daly, M.** (2017). Does pride really come before a fall? A longitudinal analysis of older English adults. *British Medical Journal, 359*, j5451.
51. Robinson, E., Haynes, A., Sutin, A.R., & **Daly, M.** (2017). Telling people they are overweight: helpful, harmful or beside the point? *International Journal of Obesity, 41*, 1160-1161.
50. Robinson, E., Sutin, A.R., & **Daly, M.** (2017). Perceived weight discrimination mediates the prospective relation between obesity and depressive symptoms in US and UK adults. *Health Psychology, 36*, 112-121.
49. Sutin, A. R., Rust, G., Robinson, E., Daly, M., & Terracciano, A. (2017). Parental perception of child weight and inflammation: Perceived overweight is associated with higher child c-reactive protein. *Biological Psychology, 130*, 50-53.
48. Allan, J.L., McMinn, D., & **Daly, M.** (2016). A bidirectional relationship between executive function and health behavior: evidence, implications, and future directions. *Frontiers in Neuroscience, 10*, doi.org/10.3389/fnins.2016.00386
47. Egan, M., **Daly, M.**, & Delaney, L. (2016). Adolescent psychological distress, unemployment, and the Great Recession: Evidence from the National Longitudinal Study of Youth 1997. *Social Science & Medicine, 156*, 98-105
46. **Daly, M.**, Egan, M., Quigley, J., Delaney, L., & Baumeister, R.F. (2016). Childhood self-control predicts smoking throughout life: Evidence from 21,000 cohort study participants. *Health Psychology, 35*, 1254-1263.
45. Sutin, A.R., Robinson, E., **Daly, M.**, & Terracciano, A. (2016). Parent-reported bullying and child weight gain between ages 6 and 15. *Childhood Obesity, 12*, 482-487.
44. Sutin, A. R., Robinson, E., **Daly, M.**, & Terracciano, A. (2016). Weight discrimination and unhealthy eating-related behaviors. *Appetite, 102*, 83-90.
43. Sutin, A. R., Stephan, Y., Grzywacz, J.G., Robinson, E., **Daly, M.**, & Terracciano, A. (2016). Perceived weight discrimination, changes in health, and daily stressors. *Obesity, 24*, 2202-2209.
42. Robinson, E., Hunger, J. M., & **Daly, M.** (2015). Perceived weight status and risk of weight gain across life in US and UK adults. *International Journal of Obesity, 12*, 1721-1726.
41. **Daly, M.**, Egan, M., & O'Reilly, F. (2015). Childhood general cognitive ability predicts leadership role occupancy across life: Evidence from 17,000 cohort study participants. *Leadership Quarterly, 26*, 323-341.

40. **Daly, M.**, Delaney, L., Egan, M., & Baumeister, R. F. (2015). Childhood self-control and unemployment throughout the lifespan: evidence from two British cohort studies. *Psychological Science*, *26*, 709-723.
39. Boyce, C.J., Wood, A.M., **Daly, M.**, & Sedikides, C. (2015). Personality change following unemployment. *Journal of Applied Psychology*, *100*, 991-1011.
38. **Daly, M.**, Delaney, L., & Baumeister, R. F. (2015). Self-control, future orientation, smoking, and the impact of Dutch tobacco control measures. *Addictive Behaviors Reports*, *1*, 89-96.
37. Alquist, J.L., Ainsworth, S.E., Baumeister, R.F., **Daly, M.**, & Stillman, T.F. (2015). The making of might-have-beens: Effects of free will beliefs on counterfactual thinking. *Personality and Social Psychology Bulletin*, *41*, 268-283.
36. **Daly, M.**, Boyce, C.J., & Wood, A.M. (2015). A social rank explanation of how money influences health. *Health Psychology*, *34*, 222-230.
35. Egan, M., **Daly, M.**, & Delaney, L. (2015). Childhood psychological distress and youth unemployment: evidence from two British cohort studies. *Social Science & Medicine*, *124*, 11-17.
34. **Daly, M.**, McMinn, D., & Allan, J. L. (2015). A bidirectional relationship between physical activity and executive function in older adults. *Frontiers in Human Neuroscience*, *8*, 1044.
33. Wetherall, K., **Daly, M.**, Robb, K. A., Wood, A.M., & O'Connor, R. C. (2015). Explaining the income and suicidality relationship: Income rank is more strongly associated with suicidal thoughts and attempts than income. *Social Psychiatry and Psychiatric Epidemiology*, *50*, 929-937.
32. Tate, K., Stewart, A.J., & **Daly, M.** (2014). Influencing green behaviour through environmental goal-priming: The mediating role of automatic evaluation. *Journal of Environmental Psychology*, *38*, 225-232.
31. **Daly, M.** (2014). Association of ambient indoor temperature with body mass index in England. *Obesity*, *22*, 626629.
30. **Daly, M.**, Baumeister, R.F., Delaney, L., & MacLachlan, M. (2014). Self-control and its relation to emotions and psychobiology: evidence from a Day Reconstruction Method Study. *Journal of Behavioral Medicine*, *37*, 81-93.
29. O'Brien, K., Forrest, W., Lynott, D., & **Daly, M.** (2013). Racism, gun ownership and gun control: Biased attitudes in US whites may influence policy decisions. *PLOS ONE*, *8*, e77552.
28. **Daly, M.**, & Delaney, L. (2013). The scarring effect of unemployment throughout adulthood on psychological distress at age 50: Estimates controlling for early adulthood distress and childhood psychological factors. *Social Science & Medicine*, *80*, 19-23.

27. McAuliffe, E., **Daly, M.**, Kamwendo, F., Masanja, H., Sidat, M., & de Pinho, H. (2013). The critical role of supervision in retaining staff in obstetric services: A three country study. *PLOS ONE*, 8, e58415.
26. **Daly, M.** (2013). The relationship of C-reactive protein to obesity-related depressive symptoms: a longitudinal study. *Obesity*, 21, 248-250.
25. **Daly, M.** (2013). Personality may explain the association between cannabis use and neuropsychological impairment. *Proceedings of the National Academy of Sciences of the United States of America (letters)*, 110(11).
24. McMinn, D., Allan, J., & **Daly, M.** (2013). Executive functioning affects health behaviour in older people too. *British Medical Journal (letters)*, 347, doi: <http://dx.doi.org/10.1136/bmj.f7440>
23. **Daly, M.** (2012). Are momentary measures of positive affect better predictors of mortality than recalled feelings? *Proceedings of the National Academy of Sciences of the United States of America (letters)*, 109(18).
22. **Daly, M.** (2012). Importance of accurately measuring spatial abilities. *Proceedings of the National Academy of Sciences of the United States of America (letters)*, 109(10).
21. **Daly, M.** (2012). Childhood trauma may combine synergistically with stimulant use rather than cannabis use to predict psychosis. *Psychological Medicine*, 42, 445-446.
20. **Daly, M.** (2012). The midlife peak in distress amongst the disadvantaged and existing ideas about mental health inequalities over the lifespan. *Psychological Medicine*, 42, 215-216.
19. **Daly, M.** (2011). Intelligence differences may explain the link between childhood psychological problems and adult socioeconomic status. *Proceedings of the National Academy of Sciences of the United States of America (letters)*, 108(27).
18. **Daly, M.**, Delaney, L., Doran, P., & MacLachlan, M. (2011). The role of awakening cortisol and psychological distress in diurnal variations in affect: A Day Reconstruction Study. *Emotion*, 11, 524-532.
17. **Daly, M.**, Hevey, D., & Regan, C. (2011). The role of perceived risk in general practitioners' decisions to inform partners of HIV-infected patients. *British Journal of Health Psychology*, 16, 273-287.
16. **Daly, M.** (2011). Poor childhood mental health may explain linkages between trauma, cannabis use and later psychotic experiences. *Psychological Medicine*, 41, 2012-2014.
15. **Daly, M.** (2011). Childhood psychotic symptoms: link between non-consensual sex and later psychosis. *British Journal of Psychiatry*, 199, 251-252.
14. **Daly, M.**, & MacLachlan, M. (2011). Heredity links natural hazards and human health: Apolipoprotein E gene moderates the health of earthquake survivors. *Health Psychology*, 30, 228-235.



13. **Daly, M.** (2011). Physical health differences may provide a general explanation for why happy people live longer: A Letter to the Editor regarding Wiest et al. (2011). *Health Psychology*. <https://www.apa.org/pubs/journals/features/hea-letter-to-editor-wiest-2011.pdf>
12. **Daly, M.**, Delaney, L., Doran, P., Harmon, C., MacLachlan, M., & Daly, M. (2010). Naturalistic monitoring of the affect-heart rate relationship: A Day Reconstruction Study. *Health Psychology, 29*, 186-195.
11. Kellaghan, T., & **Daly, M.** (2010). Opinions of the Irish public on the availability of information about schools. *Irish Journal of Education, 38*, 43-72.
10. **Daly, M.**, Harmon, C., & Delaney, L. (2009). Psychological and biological foundations of time preference. *Journal of the European Economic Association, 7*, 659-669.
9. **Daly, M.**, & Baumeister, R.F. (2009). Social support and mental health. In: *Salem Health: Psychology & Mental Health*. Salem Press, pp. 1838-1841.
8. Bellgrove, M.A., Barry, E., Johnson, K.A., Cox, M., Daibhis, A., **Daly, M.**, Hawi, Z., Lambert, D., Fitzgerald, M., McNicholas, F., Robertson, I.H., Gill, M., & Kirley, A. (2008). Spatial attentional bias as a marker of genetic risk, symptom severity, and stimulant response in ADHD. *Neuropsychopharmacology, 33*, 2536-2545.
7. Johnson, K.A., Barry, E., Bellgrove, M.A., Cox, M., Kelly, S.P., Daibhis, A., **Daly, M.**, Keavey, M., Watchorn, A., Fitzgerald, M., McNicholas, F., Kirley, A., Robertson, I.H., & Gill, M. (2008). Dissociation in response to on response variability in a group of medication naive children with ADHD. *Neuropsychologia, 46*, 1532 - 1541.
6. Johnson, K.A., Kelly, S.P., Robertson, I.H., Barry, E., Mulligan, A., **Daly, M.**, Lambert, D., McDonnell, C., Connor, T.J., Hawi, Z., Gill, M., & Bellgrove, M.A. (2008). Absence of the 7-repeat variant of the DRD4 VNTR is associated with drifting sustained attention in children with ADHD but not in controls. *American Journal of Medical Genetics Part B: Neuropsychiatric Genetics, 147B*, 927-937.
5. Johnson, K.A., Robertson, I.H., Barry, E., Mulligan, A., Daibhis, A., **Daly, M.**, Watchorn, A., Gill, M. & Bellgrove, M.A. (2008) Impaired conflict resolution and alerting in children with ADHD: evidence from the Attention Network Task (ANT). *Journal of Child Psychology and Psychiatry, 49*, 1339-1347.
4. Bellgrove, M.A., Chambers, C.D., Johnson, K.A., Daibhis, A., **Daly, M.**, Hawi, Z., Lambert, D., Gill, M., & Robertson, I.H. (2007). Dopaminergic genotype biases spatial attention in healthy children. *Molecular Psychiatry, 12*, 786-792.
3. Grey, I., Bruton, C., Honan, R., McGuinness, R., & **Daly, M.** (2007). Co-operative learning for children with an Autistic Spectrum Disorder (ASD) in mainstream and special class settings: An exploratory study. *Educational Psychology in Practice, 23*, 317-327.
2. Grey, I., Honan, R., McClean, B., & **Daly, M.** (2005). Evaluating the effectiveness of teacher training in Applied Behaviour Analysis. *Journal of Intellectual Disabilities, 9*, 209-227.

1. Kellaghan, T., & **Daly, M.** (2005). Opinions of the Irish public on the goals of primary education. *Irish Journal of Education*, 36, 91-115.
- 

### **Honours and awards**

- 2015 **Annual Prize-Winning Presentation**, UK Society for Behavioural Medicine, 2015  
(Awarded to “*Childhood self-control predicts smoking throughout life*”)
- 2014 **ESRC Future Leaders Award**, Economic & Social Research Council
- 2012 **Early Career Award**, UK Society for Behavioural Medicine, 2012
- 2008 **Fulbright Award** (Social Sciences), Fulbright Ireland
- 2007 **Ussher Fellowship**, Trinity College Dublin
- 2005 **Gold Medal Award**, Trinity College Dublin
- 2005 **Graduate Prize**, Trinity College Dublin
- 

### **Funding**

- 2021 – Economic and Social Research Council (UKRI) (Co- applicant). *Understanding the psychological basis of obesity*. €346,000.
- 2020 – Health Research Board (Co-applicant). *Assessing and protecting the mental health of the nation during the COVID-19 pandemic*. €63,350.
- 2018 – European Commission: Marie-Curie Intra-European Fellowship for Career Development (Principal Investigator). *Childhood self-control, social conditions, and adult health*. £151,110/ €187,866
- 2017 – University of Stirling: *Health & Behaviour Research Theme – Changing behaviour to improve health: the key global challenge facing society* (Co-applicant). £120,000 / €144,183
- 2014 – Economic and Social Research Council: Future Research Leaders (Principal Investigator). *Childhood self-control and adult health*, £287,401/€362,263
- 2014 – National Institute for Health Research: *Fuelling health equity? The impact of the Winter Fuel Payment on the health of UK households* (Principal Investigator), circa £147,000/€185,020
- 2013 – Economic and Social Research Council Research Seminars Grant (Principal Investigator) – *Behavioural Science Seminar Series*, £28,320/€35,679

- 2013 – Skills Development Scotland and ESRC Co-Funded PhD Awards (Principal Investigator) – *Well-being, decision-making, and the transition from education to work*, circa £52,000/€65,560
- 2012 – Marie Curie Actions (Co-applicant). *Well-being, decision-making and unemployment in Europe*, circa £58,000/€73,120
- 2011 – CARA IRC/Marie Curie European Commission Fellowship (Principal Investigator) – Funded by the European Commission Marie Curie Actions and the Irish Research Council. *Socioeconomic status and obesity: testing the role of executive functioning*, circa £189,000/€239,000
- 2008 – Irish Research Council for the Humanities and Social Sciences Research Development Initiative- Research Stimulator Grant (Co-applicant). *A new benchmark for progress: subjective living standards*, circa £74,000/€93,340
- 

### **Grant Reviewer**

Irish Research Council (*Postdoctoral Fellowship Programme, Postgraduate Scholarship Programme*).

UK Research and Innovation (*Future Leaders Fellowships*)

Wellcome Trust (*Sir Henry Wellcome Postdoctoral Fellowship*)

Austrian Science Fund (*International Projects*)

---

### **Editorial Experience**

2021 – Section Editor: Personality and Individual Differences, *Cogent Psychology*

2016 – 2022 Associate Editor, *British Journal of Health Psychology*

2019 Scientific Committee – International Association for Research into Economic Psychology (IAREP) Annual Conference

---

### **Service**

2014 – 2019 Irish Research Council Outer International Assessment Board

2018 Programme Accreditation Panel for MSc Psychology & Well-being, Dublin City University

## Invited Presentations

- 2021 – Examining mental health and vaccine hesitancy during the COVID-19 pandemic  
*Immunology & Global Health Seminar Series, Maynooth University, Ireland*
- 2019 – Childhood self-control and adult outcomes  
*Behavioural Science Seminar Series, UCD Geary Institute, Dublin, Ireland*
- 2019 – Childhood self-control and adult economic and health outcomes  
*Economic and Social Research Institute (ESRI), Ireland*
- 2018 – Self-control: health outcomes, daily experiences and policy interventions  
*Department of Health (Evidence for Policy Seminar Series), Ireland*
- 2018 – Self-control and health: public policy implications  
*Behavioural Science Seminar Series, UCD Geary Institute, Dublin, Ireland*
- 2017 – Childhood self-control and economic and health outcomes across life  
*Quantitative Social Science Seminar Series, University College London, UK*
- 2017 – Self-control, economic outcomes, and well-being across life  
*Behavioural Science & Public Policy Workshop, University College Dublin, Ireland*
- 2016 – Childhood self-control and economic and health outcomes across life  
*Social Cognition Center Cologne, University of Cologne, Germany*
- 2016 – Could childhood self-control shape the health and success of a nation?  
*Children and Families Directorate, the Scottish Government, UK*
- 2016 – Childhood self-control and economic and health outcomes across life  
*Institute for Economic Analysis of Decision-making, University of Sheffield, UK*
- 2016 – Childhood self-control and economic and health outcomes across life: evidence from two British cohort studies.  
*Institute of Psychology, Health, & Society Seminar Series, University of Liverpool, UK*
- 2015 – Day Reconstruction Method and self-control.  
*Day Reconstruction Method Conference (sponsored by the Princeton University NIA Roybal Center), Los Angeles, US*
- 2015 – Time preferences and health and well-being in later life.  
*InstEAD Workshop 'Exploring the Intersections between Economics and Psychology', University of Sheffield, UK*

---

## Conference Presentations

- 2021 – Pandemic policies and psychological distress in the US.  
*Economics and Psychology Annual Conference, Ireland*
- 2020 – Adaptation to the COVID-19 pandemic in the US and UK.  
*Economics and Psychology Annual Conference, Ireland*
- 2019 – Childhood self-control and adult economic outcomes.  
*IAREP/SABE conference on Economic Psychology and Behavioural Economics, Dublin, Ireland*
- 2019 – Perceived weight discrimination mediates the prospective association between obesity and physiological dysregulation.  
*Psychology, Health, & Medicine Annual Conference, Maynooth, Ireland*
- 2018 – Childhood self-control forecasts adult smoking, weight gain, and midlife health.  
*European Health Psychology Society Annual Conference, Galway, Ireland*
- 2017 – Time perspective, decision-making, and longevity.  
*Economics and Psychology Annual Conference, Dublin, Ireland*
- 2017 – Can childhood self-control compensate for the health impact of social disadvantage? Results from two cohorts.  
*European Health Psychology Society Annual Conference, Padua, Italy*
- 2017 – When knowing hurts: Self-perceived overweight predicts future physical health and well-being.  
*American Psychosomatic Society Annual Meeting, Seville, Spain*
- 2017 – Adult health outcomes of childhood self-control and social disadvantage.  
*14th Annual Psychology, Health, & Medicine Conference, RCSI, Dublin, Ireland*
- 2017 – Lifespan outcomes of childhood self-control.  
*ESRC Self-Control & Public Policy Workshop, Stirling, UK*
- 2016 – Labelling cash for health: does the Winter Fuel Payment produce health benefits?  
*UK Society for Behavioural Medicine Annual Scientific Meeting, Cardiff, UK*
- 2016 – Self-control, health, and public policy.  
*Economics and Psychology Annual Conference, Belfast, Northern Ireland*
- 2016 – Childhood self-control predicts trajectories of weight gain and obesity throughout life in two British cohorts.  
*European Health Psychology Society & BPS Division of Health Psychology Annual Conference, Aberdeen, UK*

- 2016 – Childhood self-control predicts smoking throughout life: Evidence from 21,000 cohort study participants.  
*31<sup>st</sup> International Congress of Psychology, Yokohama, Japan*
- 2015 – Childhood self-control and mortality by midlife.  
*UK Society for Behavioural Medicine Annual Scientific Meeting, Newcastle, UK*
- 2015 – Self-control, time preferences, and health and well-being across the lifespan  
*SIRE Behavioural Science of Self-Control Workshop, Stirling, UK*
- 2015 – Poor childhood self-control predicts physiological dysregulation in midlife.  
*CLS Cohort Studies Research Conference, London, UK*
- 2015 – Early life individual differences and socio-economic events across life.  
*APS International Convention of Psychological Science, Amsterdam, The Netherlands*
- 2015 – Childhood self-control & adult health: evidence from two British cohort studies.  
*12th Annual Psychology, Health, & Medicine Conference, Belfast, Ireland*
- 2014 – Time preferences predict inflammation in later life.  
*UK Society for Behavioural Medicine Annual Scientific Meeting, Nottingham, UK*
- 2014 – Time preferences predict inflammation in later life.  
*Economics and Psychology Annual Conference, Dublin, Ireland*
- 2014 – Poor childhood self-discipline predicts physiological dysregulation in midlife.  
*International Congress of Applied Psychology, Paris, France*
- 2014 – Time discounting and health in later life.  
*International Congress of Applied Psychology, Paris, France*
- 2014 – Childhood self-discipline and physiological dysregulation in midlife  
*American Psychosomatic Society Annual Meeting, San Francisco, United States*
- 2013 – The relationship of C-reactive protein to obesity-related depressive symptoms: a longitudinal study.  
*American Psychosomatic Society Annual Meeting, Miami, United States*
- 2013 – Childhood self-control and unemployment over the life-span.  
*Economics and Psychology Annual Conference, Dublin, Ireland*
- 2012 – Self-control, future orientation, smoking, and the impact of Dutch tobacco control measures.  
*UK Society for Behavioural Medicine Annual Scientific Meeting, Manchester, UK*
- 2012 – Why income relates to health: a psychosocial social rank explanation.  
*UK Society for Behavioural Medicine Annual Scientific Meeting, Manchester, UK*
- 2012 – Negative feelings increase next day cortisol levels.  
*American Psychosomatic Society Annual Meeting, Athens, Greece*

- 2012 – Self-control and smoking policy.  
*Economics and Psychology Annual Conference, Dublin, Ireland*
- 2011 – Educational attainment robustly predicts interleukin-6 levels in a national sample.  
*British Health Psychology Conference, University of Southampton, UK*
- 2011 – Self-control and its relation to emotions and psychobiology: evidence from a Day Reconstruction Method web-survey.  
*Measurement in Economics and Social Sciences, Netherlands*
- 2011 – Is the health impact of socioeconomic status explained by objective financial resources or subjective social status?  
*Economics and Psychology Annual Conference, Dublin, Ireland*
- 2011 – Determinants of life satisfaction and emotional well-being: evidence from the American Life Panel.  
*Measuring Living Standards and Well-being, Institute of Fiscal Studies, London, UK*
- 2010 – How income relates to life satisfaction and daily emotional experience.  
*Economics and Psychology Annual Conference, Dublin, Ireland*
- 2010 – Apolipoprotein E gene moderates self-rated health in earthquake survivors.  
*European Health Psychology Conference, Cluj-Napoca, Romania*
- 2010 – Perceived control and the apolipoprotein E gene in psychological adjustment to chronic illness  
*Psychology, Health and Medicine, Dublin, Ireland*
- 

### **Organised Symposia**

- 2015 – Personality and Socio-economic Events: Towards an Individual Specific Economic Science  
*APS International Convention of Psychological Science (ICPS), Amsterdam*
- 2015 – Relations between Childhood Self-control and Later Life Health and Labour Market Outcomes  
*Centre for Longitudinal Studies (CLS) Cohort Studies Research Conference, London*
- 2010 – Chronic Illness  
*Psychology, Health and Medicine Annual Conference, Wexford, Ireland*
- 

### **Organised Workshops**

- 2017 – Self-control & Public Policy  
*September 15<sup>th</sup>, University of Stirling, UK*

- 2016 – Behavioural Science & Policy II  
*June 10<sup>th</sup>, University of Stirling, UK*
- 2016 – Behavioural Science, Measurement, and Policy  
*April 15<sup>th</sup>, University of Stirling, UK*
- 2016 – Mental Health, Work, and the Economy  
*March 24<sup>th</sup>, University of Stirling, UK*
- 2015 – Behavioural Science & Public Policy I  
*June 26<sup>th</sup>, University of Stirling, UK*
- 2015 – Biomarkers in Behavioural Science  
*February 27<sup>th</sup>, University of Stirling, UK*
- 2014 – Preferences and Personality  
*November 21<sup>st</sup>, University of Stirling, UK*
- 2014 – Early Life Influences on Later Life Health and Behaviour  
*September 19<sup>th</sup>, University of Stirling, UK*
- 2014 – Increasing the Richness and Frequency of Social Science Survey Data  
*May 23<sup>rd</sup>, University of Stirling, UK*
- 2014 – Measurement and Determinants of Well-Being  
*February 21<sup>st</sup>, University of Stirling, UK*
- 

### **Ad Hoc Reviewer**

*Anxiety, Stress, and Coping*  
*American Journal of Public Health*  
*American Journal of Preventive Medicine*  
*Annals of Behavioral Medicine*  
*Biological Psychology*  
*BMC Medicine*  
*BMJ Open*  
*British Journal of Health Psychology*  
*British Journal of General Practice*  
*Current Psychology*  
*Economics of Education Review*  
*Economics & Human Biology*  
*Epidemiology and Psychiatric Sciences*  
*European Archives of Psychiatry and Clinical Neuroscience*  
*European Journal of Public Health*  
*Frontiers in Human Neuroscience*  
*Frontiers in Psychology*  
*Health & Place*  
*Health Psychology*



*Health Psychology Review*  
*International Journal of Geriatric Psychiatry*  
*International Journal of Obesity*  
*Journal of Abnormal Psychology*  
*Journal of Affective Disorders*  
*Journal of Behavioral and Experimental Economics*  
*Journal of Child Psychology and Psychiatry*  
*Journal of Consumer Behaviour*  
*Journal of Gerontology: Psychological Sciences*  
*Journal of Public Health*  
*Leadership Quarterly*  
*Obesity*  
*Preventive Medicine*  
*Proceedings of the National Academy of Sciences (PNAS)*  
*Psychological Medicine*  
*Psychological Review*  
*Psychology & Health*  
*Journal of Psychiatry Research*  
*PLOS One*  
*Social Indicators Research*  
*Social Science & Medicine*  
*SSM – Population Health, Social Science Research*  
*Stigma & Health*

---

## **Media**

Research covered in the below media outlets:

*BBC Breakfast Television BBC News, BBC Radio, Belfast Telegraph, Business Insider, Business Standard, CBS, Cambridge News, the Conversation, Daily Express, Daily Mail, Daily Record, Discovery Channel News, Forbes, Fox News, the Guardian, the Herald, Huffington Post, International Business Times, Irish Times, Japan Herald, London Evening Standard, Metro (UK), Nature World News, New Scientist, New York Daily News, New York Magazine, NEWS.com.au, Oxford Mail, Press & Journal, Scientific American, RTE Radio 1, The Telegraph, The Times, Time Magazine, Times of India, STV News, Washington Post, Washington Times, World Economic Forum, various psychology and health websites including Association for Psychological Science (APS) - Minds for Business, Psychology Today, Medical Daily, Medical News Today, Medical Xpress, Science Daily, USA Today.*

Recent media pieces and coverage:

**Daly, M.** (2019, November 1). Wealthy students and educational attainment. *The Irish Times*, <https://www.irishtimes.com/opinion/letters/wealthy-students-and-educational-attainment-1.4068378>

**Daly, M.** (2019, May 21). Is Brexit trauma an illusion? *The Irish Times*, Retrieved from <https://www.irishtimes.com/opinion/letters/is-brexit-trauma-an-illusion-1.3898335>

Mousteri, V., **Daly, M.**, & Delaney, L. (2020, January 13). Underemployment among part-time workers may have detrimental psychological consequences. *LSE British Politics and Policy*, <https://blogs.lse.ac.uk/politicsandpolicy/the-psychological-impact-of-underemployment/>

Mousteri, V., **Daly, M.**, & Delaney, L. (2020, January 18). The gig economy is taking a toll on UK workers' mental health. *LSE Business Review*, <https://blogs.lse.ac.uk/businessreview/2020/01/18/the-gig-economy-is-taking-a-toll-on-uk-workers-mental-health/>

Purbasari Horton, A. (2020, September 15). The challenge of a job that doesn't meet your needs. <https://www.bbc.com/worklife/article/20200828-the-challenge-of-a-job-that-doesnt-meet-your-needs>

Wayman, S. (2019, April 16). Choc tactics: the link between scoffing Easter eggs and nest eggs. A child's self-control, or lack of it, has a life-long effect on their future health, wealth and happiness. *The Irish Times*. <https://www.irishtimes.com/life-and-style/health-family/parenting/choc-tactics-the-link-between-scoffing-easter-eggs-and-nest-eggs-1.3854328>

---

## Teaching

Module lead for MSc Psychology modules *Statistical and Quantitative Approaches for Psychology*, *Advanced Research Methods for Psychology*, and *Research Seminars in Psychology*.

Established MSc programme in Behavioural Science at the University of Stirling in 2012/2013. Developed the programme rationale, strategic goals, educational aims, learning outcomes, and coordinated the creation of eight new modules and accompanying assessment strategies. Directed the programme from 2013 to 2017. Students have been placed in advanced policy/research roles (e.g. Behavioural Insights Team, UK).

Previously taught modules on *Behavioural Economics: Business & Policy Applications*, *Survey Measurement and Analysis*, *Psychology of Work*, *Health Psychology*.

---

## Supervision

MSc dissertation projects supervised: 20+

PhD students supervised: 4 completed

Post-doctoral researchers: 3 (ESRC & NIHR funded projects)